



# NEBOSH National General Certificate in Occupational Health & Safety 1

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GTG Glasgow  
1330 South Street  
Glasgow  
G14 OBJ

0141 950 5600

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GTG Edinburgh  
1A Queen Anne Drive  
Lochend Industrial Estate  
Edinburgh  
EH28 8PL

0131 333 6833

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GTG West Midlands  
Bearing Drive  
Steelpark Way  
Wolverhampton  
West Midlands  
WV11 3SZ

01902 308090

gtg.co.uk

## Course description

The National General Certificate in Occupational Health and Safety is the most popular health and safety qualification, with over 175,000 awardees. Delegates include staff within organisations who need a good understanding of health and safety management in the workplace. We apply a combined learning approach of 36 tutor-led hours and 23 hours' home study.

Delegates will develop a sound understanding of health and safety duties, regulations, policies and procedures. These skills can be applied either in an office environment or in more complex industries.

## Who should attend this course?

People who have a key responsibility for health and safety at work, such as safety advisors, managers, supervisors or nominated competent persons.

## Course content

This is Unit 1 of the full certificate and the elements covered within the syllabus are:

- Element 1 – Foundation of Health and Safety
- Element 2 – Health and Safety Management Systems – Plan
- Element 3 – Health and Safety Management Systems – Do
- Element 4 – Health and Safety Management Systems – Check
- Element 5 – Health and Safety Management Systems – Act

## Prerequisites

There are no formal entry criteria for admission to the NEBOSH GC1 course. However, some understanding of the practical application of health and safety in the workplace would be beneficial.

## Duration

This is a seven-day, instructor-led course.