



Manual Handling Instructors

GTG Glasgow
1330 South Street
Glasgow
G14 OBJ

0141 950 5600

GTG Edinburgh
1A Queen Anne Drive
Lochend Industrial Estate
Edinburgh
EH28 8PL

0131 333 6833

GTG West Midlands
Bearing Drive
Steelpark Way
Wolverhampton
West Midlands
WV11 3SZ

01902 308090

gtg.co.uk

Course description

The course provides an opportunity to understand and practice a professional approach to training design and delivery, with a structured syllabus and assessment opportunity. It is ideal for anyone who needs to either understand the basics of training practice, or wants to refine their training techniques. The course will also give delegates the skills to deliver sound manual handling techniques and understand the processes of conducting manual handling risk assessments. Those who have never delivered training before will find it an ideal basis for their future training activities. The programme will involve a significant amount of hands-on activity with additional work outside the sessions to develop the content and materials for assessment on the final day. The programme is quite demanding because it results in the acquisition of new skills and techniques over a short period of time.

Who should attend this course?

Managers, supervisors, instructors, training officers, safety professionals and others who are responsible for instructing others in manual handling and for carrying out manual handling risk assessments. Certification applies to the company with which delegates are currently employed and covers the instruction of employees within that organisation only.

Units and elements of competence

On completion of the course, delegates should be able to:

- Design training sessions by carrying out effective planning and preparation.
- Understand how training can be best delivered to secure effective learning.
- Understand how to structure and design training sessions.
- Make training sessions interesting, stimulating and relevant.
- Prepare and deliver a manual handling awareness training package.
- Carry out and record suitable and sufficient manual handling risk assessments.

Prerequisites

No previous experience is required.

Duration

This is a two-day, instructor-led course.