SAFETY POINT

Working at height

ALWAYS WHERE PRACTICAL:

- Avoid the need to work at height
- Work strictly in accordance with the risk assessment or method statement
- Only use steps as a last resort and only use the right class of steps
- Use a body harness on very tall steps
- Only use steps if you have three points of contact (one hand, two feet) with the steps sitting on a secure flat floor surface
- Never use ladders as a work platform - they only provide temporary access for surveys, inspections or very light works
- Consider the weight of the load, class of the steps and the degree of competence of the work person before you instruct anyone to use a ladder in the workplace
- Check the inspection label on the steps to see when the ladder was last inspected
- LADDERS ARE USEFUL FOR THE RIGHT JOB - LADDERS ARE LETHAL IF USED ON THE WRONG JOB!

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